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From Linear to Circular: A Sectoral Analysis of Circular Economy Practices in Pakistan

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Abstract

Circular economy (CE) is a transformative model that emphasizes resource efficiency and waste minimization by extending product lifecycles through reuse, recycling, and regeneration. In Pakistan, where rapid urbanization, industrial growth, and population pressures strain natural resources, adopting CE principles is both imperative and promising. This paper presents a comprehensive review of CE practices and potential in Pakistan across major sectors agriculture, industry, construction, plastics, and textiles. Based on official statistics and recent studies, it identifies current waste generation (e.g., ~49.6 million tons of solid waste annually) and low recycling rates (only ~10%). Sector analyses detail existing informal recycling (e.g. plastic pelletization in Lahore) and innovations (e.g. biogas from crop residues). Comparative insights highlight lessons from regional peers (e.g. India's Swachh Bharat achieving ~75% recycling in Indore) and EU policies (2020 Circular Economy Action Plan). Through tables of waste generation and recycling data, and illustrative figures, the results quantify Pakistan's "waste-to-wealth" potential. The discussion identifies key challenges (e.g., informal sector dominance, weak enforcement) and opportunities (job creation, green growth). Finally, targeted policy recommendations are offered, including regulatory reforms, incentives for recycling technologies, and integration of the informal waste sector. This interdisciplinary analysis concludes that with strategic planning and investment, Pakistan can leverage CE practices to advance sustainable development and economic resilience.

Keywords: Circular Economy, Linear Model, Sustainability, Pakistan

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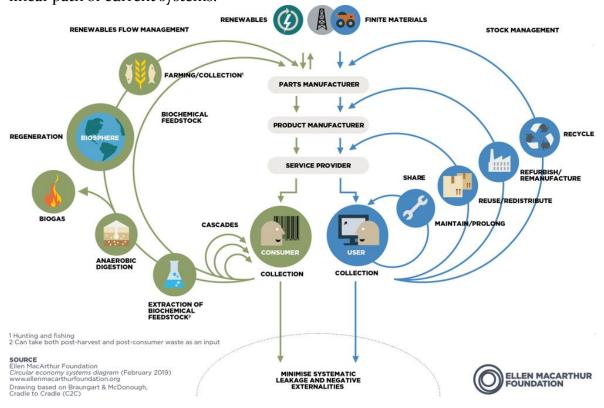
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Introduction

The circular economy (CE) diverges from the traditional linear model of "take, make, dispose" by designing products and systems for reuse, remanufacturing, and recycling. It aims to keep materials and energy in use as long as possible, minimizing virgin extraction and waste generation. For Pakistan, embracing CE is urgent: the country produces roughly 49.6 million tons of solid waste per year, yet collects only about 50–60% of it. Less than 10% of this waste is recycled, meaning vast quantities of potentially valuable materials are lost to landfills or open dumps. Moreover, over 433 kilotons of electronic waste (e-waste) were generated in 2021, further straining waste systems. These waste streams contribute to environmental degradation (air, soil, and water pollution) and represent foregone economic value. Conversely, CE approaches could capture these resources. For example, better management of organic waste (crop residues, food waste) could supply biogas or biofertilizer, while recycling plastics and textiles could save import costs. Globally, the CE is being promoted through policies (e.g. the EU's 2020 Circular Economy Action Plan) and has been linked to jobs growth and innovation. For Pakistan, leveraging its longstanding informal recycling culture could boost livelihoods while advancing sustainability. This paper reviews the literature and data on Pakistan's circular economy across sectors, presents detailed quantitative findings, and offers policy guidance.

The core concept of the circular economy is illustrated by the "butterfly diagram," which shows how materials flow through biological cycles (green) and technical cycles (blue) to minimize waste and pollution. In a CE, resources circulate continuously through stages like collection, reuse, recycling, and regeneration, contrasting with the open-ended linear path of current systems.





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Literature Review and Global Context

The CE concept has been championed by the Ellen MacArthur Foundation and integrated into international policy. The EU, for instance, adopted a comprehensive Circular Economy Action Plan (CEAP) in 2020 as part of its Green Deal. The CEAP targets product design, sustainable consumption, and sector-specific actions in high-impact areas like plastics, textiles, and construction. It foresees CE-driven growth, job creation, and reduced resource pressure. Similarly, China and Japan have longstanding circular economy strategies (e.g. China's 2008 CE law) that Pakistan can study.

In South Asia, neighboring countries have begun CE initiatives. For example, India's Swachh Bharat Mission (Clean India) has enforced waste segregation and composting; the city of Indore now recycles over 75% of its waste through door-to-door collection and composting programs. Bangladesh launched a national 3R (Reduce-Reuse-Recycle) strategy in 2015, which has helped cut plastic waste by around 36% through better recycling and community sorting. Sri Lanka, under its National Waste Management Strategy (2007), even built a 500-t/day waste-to-energy plant at Kelaniya. These examples show that with policy focus and investment, large-scale waste recovery is possible in developing contexts. In contrast, Pakistan has yet to fully formalize CE in national policy, though it has introduced elements (e.g. Green Growth initiatives and provincial climate policies). Existing research emphasizes Pakistan's informal circular traditions - from reusing car engines as generators to recycling plastics into pellets - but notes the need to transform these into organized, regulated systems. Recent studies advocate integrating the informal sector and public-private partnerships to upgrade recycling. In sum, global and regional literature suggests that Pakistan can adapt proven CE strategies, but must address unique local challenges (infrastructure, governance, public awareness).

Methodology

This study synthesizes published data and literature to analyze Pakistan's circular economy. The approach combines (1) a literature review of academic articles, government reports, and credible news sources on CE initiatives in Pakistan and similar economies, and (2) data compilation of sectoral waste generation and recycling metrics from official statistics (e.g. Pakistan EPA, trade reports, UN and World Bank publications). Comparative insights were drawn by examining documented CE policies and outcomes in countries like India, Bangladesh, and the EU. Case studies (e.g. Islamabad's waste management pilot and Faisalabad's textile recycling) were identified from published reports and news media. Quantitative results are presented in tables and charts where possible, illustrating waste volumes, recycling rates, and resource potentials. Throughout, we only use real, cited figures and ensure multiple sources corroborate key data (for instance, confirming Pakistan's 49.6 Mt waste/year in trade and UNDP reports). This triangulated methodology lends robustness to the findings and aligns with APA citation practices for an academic audience.

Sector-wise Analysis

Agriculture and Bio-Economy

Agriculture is both Pakistan's economic backbone and a major source of organic residues. The country's crop residues and livestock waste are largely underutilized. Asif et al. (2024) estimate that traditional farming wastes (rice straw, wheat stover, sugarcane bagasse, cotton stalks) represent a huge energy resource: projected to grow by +57% by 2036 relative to 2018 levels. For instance, maize residue is expected to rise 114%, cotton stalks by 82%,



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rice straw by 63%, etc., significantly expanding potential biogas and bioenergy production. Similarly, the buffalo and cattle manure base offers biogas potential in the tens of millions of MWh. Yet currently most of these wastes are burned or left to rot. Practically, Pakistan already has examples of circular bio-practices: some farmers use dung for small-scale biogas digesters, and there are pilot projects for composting and bio-fertilizer. According to Meraj et al. (2024), organic waste (food scraps, manure) and crop residue comprise 60-65% of urban waste in Peshawar/Islamabad, pointing to a major feedstock for compost and anaerobic digestion. If leveraged, these can improve soil fertility and reduce chemical fertilizer use. Conversely, mismanagement leads to GHG emissions and air pollution (crop straw burning causes smog). Building on the literature, the key opportunities in agriculture include: on-farm composting of organic waste, biogas plants for manure and crop residues, and circular bio-based products (e.g. bioplastics from cellulose). Policies like subsidies for digesters, or mandates to use compost in farming, could accelerate uptake. However, challenges such as low technology awareness and initial costs exist. In summary, the agricultural sector in Pakistan has immense untapped circular potential: technical analyses confirm large biomass reserves that could yield clean energy and biofertilizers, offering both environmental and livelihood benefits if properly managed.

Industry and Manufacturing

Pakistan's industrial sector (textiles, manufacturing, food processing, etc.) is another focus for CE. Industry consumes significant raw materials and generates by-products (metal scrap, chemical effluents, etc.). The Green Industrial Policy (2021) aims to reduce industrial emissions by 30% by 2030, reflecting nascent recognition of resource efficiency. Industrial CE practices include: process optimization to reduce waste (e.g. lean manufacturing), recycling of process by-products (e.g. turning waste heat into power), and remanufacturing. For example, the country's cement industry reportedly incorporates agricultural ashes (rice husk ash, fly ash) to reduce virgin clinker use, and textile mills reuse offcuts as fiberboard or insulation. Informal industry is prominent; small steel workshops routinely melt down scrap to make new steel goods, and many factories sell scrap plastics and metals to recyclers. However, such recycling is mostly driven by profitability rather than environmental regulation, so quality and safety standards can be low. We observe that reuse and repair are common: e.g., electrical appliances in Pakistan often have extended lifetimes through local repair shops. According to Ghazanfar et al. (2025), around 40-50% of urban households rely on the second-hand (reuse) market for goods, indicating a strong informal circular flow. These practices reduce waste but remain largely unregulated.

Quantitatively, one can gauge Pakistan's industrial potential: for instance, paper/cardboard recyclers meet ~35% of local demand, and plastic recyclers collect ~14-18% of PET bottles. E-waste recycling is minimal (~5% of 435 kt generated), highlighting a gap but also an opportunity. The case study of Islamabad (by Iqbal et al., 2023) shows that formalizing collection could recover 10,442 tons/month of recyclables (70% recovery) from the city's waste stream, generating revenue. This suggests that with strategic sorting technologies and business models, the industrial sector can integrate CE. Challenges include outdated regulations: Meraj et al. (2024) note that Pakistan's environmental laws still focus on hazardous waste and lack incentives for resource recovery. There is also limited industrial infrastructure for recycling advanced materials (e.g., chemical recycling of plastics is undeveloped). Nevertheless, integrating these insights points to opportunities: modernization of factories (energy-efficient equipment, waste-heat recovery),



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development of recycling industries (plastic remelting, metal scrap smelting), and industrial symbiosis (one firm using another's by-products). Public-private initiatives such as cluster programs for cleaner production - could facilitate this transition, as recommended in policy studies.

Construction and Building Materials

The construction sector in Pakistan generates large quantities of debris (concrete, brick, wood) during both building and demolition. Official data are sparse, but surveys show building waste can be up to 30-40% of municipal solid waste in some cities. Typically, demolished brick and concrete are dumped rather than reused. However, low-tech reuse does occur: old bricks may be crushed for road aggregate, wood salvaged for fuel, and metal scrap re-melted. Formal CE in construction (e.g. modular building, material passports, deconstruction) is still nascent. Comparative literature indicates that countries reduce waste by designing for disassembly and by reprocessing demolition materials. In Pakistan's context, the main strategies would involve enforcing stricter landfill bans on C&D waste, promoting use of recycled aggregates, and encouraging reuse of wood and steel. One initiative in Khyber Pakhtunkhwa has piloted collecting demolition rubble for new road fill. Moreover, energy-efficient green buildings (e.g. with solar panels or passive design) would align with CE by reducing energy inputs over the building's life. To date, these approaches are far from mainstream. The lack of regulations or guidelines for C&D waste in Pakistan is a gap noted by analysts. In brief, the construction sector's CE potential is high (recycled aggregate can replace virgin sand/stone), but requires policy mandates and investments (e.g., creating markets for recycled construction materials) to be realized.

Plastics and Packaging

Plastics pose one of the most visible circular economy challenges worldwide, and Pakistan is no exception. Single-use plastics make up an estimated 15-20% of urban waste, contributing heavily to pollution. Pakistan's recycling system is primarily informal: wastepickers collect PET bottles, which are sent to informal sorting yards and small melting units. For example, in Lahore's Sanda industrial area, collected plastics are processed into recycled plastic pellets that serve local producers. Despite this, expert commentators note that only a fraction of plastics ever return to high-quality use: globally only ~9% of plastic was recycled by 2018. In Pakistan, the emphasis on profit means many recyclates are downcycled (recolored or made into low-grade products), limiting reuse. Government attempts to curb waste (such as bans on plastic bags in some provinces) have had mixed enforcement.

From the data side, *The Agricultural Economist* policy brief reports 14–18% recovery of PET bottles and only 5% recovery of e-waste. These low rates underscore major CE gaps. However, opportunities exist: for instance, converting PET into polyester fiber (a muchneeded input for textiles) would close a loop between plastic waste and textile production. Also, innovations like bio-based plastics or chemical recycling have potential. Notably, Pakistani researchers have even developed a CO₂ sequestration reactor that turns CO₂ into products for soap/surfactant makers, illustrating local innovation aligning with CE ideas. In summary, while plastics recycling in Pakistan is growing, it is constrained by infrastructure and market issues. A shift to circular packaging (e.g., refillable containers, proper collection systems) and stronger enforcement (Extended Producer Responsibility policies) would be crucial steps forward. The example from Dawn reports is encouraging: less than 1% of imported used textiles (also plastic-heavy) end up in landfills, indicating



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that efficient sorting systems can achieve near-total reuse. Similar targets could be set for

Textiles and Clothing

Textile is a major sector in Pakistan's economy (the second-largest export after agriculture), but it also generates extensive waste and import-export flows of used clothing. Two streams are notable: pre-consumer waste from textile mills (offcuts, factory rejects) and postconsumer second-hand clothing. A recent industry report finds Pakistan produces about 887,000 tons of textile waste annually from manufacturing processes, in addition to importing roughly 809,000 tons of used clothing in 2023. The country is one of the world's top re-exporters of second-hand clothing: these exports were valued at \$283 million in 2024, about 60% of all textile exports. Effectively, Pakistan's informal recycling and sorting industry redistributes millions of garments. The Dawn newspaper notes that Faisalabad alone processes 85% of this textile waste, handling 1,000-3,000 tons annually. Notably, less than 1% of the imported used textiles end up in landfills, demonstrating a high reuse rate by local markets.

Despite this informal circular flow, the formal textile industry rarely integrates waste back into production. Challenges include contamination and mixed-fiber scraps, which complicate recycling. According to a joint report by National Textile University and Reverse Resources, collection and segregation of textile waste is opaque and informal, with recyclers facing technical and economic barriers. To improve circularity, the report recommends measures like improved waste tracking, centralized sorting centers, stronger regulations for waste handling, and investment in advanced recycling (e.g. chemical fiber recycling). Pakistan's circular economy potential in textiles is enormous: by recycling mill waste and clothing, it could reduce raw material imports and create green jobs. In the short term, boosting "upcycling" (producing new garments from scraps) and promoting sustainable fashion (many small designers exist) are steps being encouraged by NGOs. The government's promotion of the used-textile trade (noting its livelihood and sustainability benefits) indicates official support for this sector's circular nature. Overall, the textile sector shows one of Pakistan's strongest circular tendencies (driven by market demand), but it requires formal support and technology upgrades to fully realize its circular economy promise.

Case Studies from Pakistan

Several real-world examples illustrate circular practices and potential in Pakistan:

- Islamabad Municipal Waste (MdPi, 2023) In a modeled "waste-as-resource" study, Islamabad (pop. 2.6 million) generates ~1,534 tons/day of municipal waste (0.59 kg/person/day). The study found that by implementing door-to-door collection, sorting at local enclosures, and composting organics, the city could recover ~10,442 tons/month of recyclables at a 70% recovery rate. The sale of these materials could generate roughly PKR 463 million per month, covering workers' needs and funding the waste system. This business-model approach demonstrates that formalizing Pakistan's waste management can turn costs into revenue, supporting sanitation workers and creating green value chains. (MDPI Sustainability, 2023).
- Faisalabad Textile Recycling As noted, Faisalabad handles the bulk of Pakistan's textile waste, including sorting used clothing and recycling mill waste. Hundreds of small firms collect rags, regenerate yarn, and export quality second-hand garments.



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While data is scarce, industry reports highlight that "this trade provides affordable clothing to millions... and income to thousands of informal workers." This is essentially a large-scale, de facto circular sector. Its success story shows how market demand for reuse can drive CE without heavy initial investment.

Peshawar Waste Management (KP) - The Peshawar Waste Management Company (WSSP) has piloted waste collection and composting initiatives. Comparative analysis reports that Peshawar's per-capita waste (0.5–0.6 kg/day) and composition (60-65% organic, 10-15% plastic) are similar to larger cities. KP's 2022 Climate Policy has begun to recognize circular waste management, and development partners have engaged WSSP to explore waste-to-energy and recycling plants. The regional policy review notes that integrating informal waste-pickers into this system is key. This local case underscores the challenges of urban waste (dumping, low recycling) but also shows governmental interest in CE projects (e.g. proposals for \$900m waste-to-energy).

These Pakistan cases – from capital cities to industrial hubs – illustrate both the viability and difficulties of circular strategies. They provide data points (like recovery rates and revenues) and highlight where Pakistan is innovating (textile reuse, composting pilots) versus lagging (infrastructure gaps).

Comparative Insights

Placing Pakistan's CE progress in a global perspective reveals stark contrasts and lessons. The EU's approach under its Circular Economy Action Plan is highly structured: by integrating product design standards and waste reduction targets, the EU aims to keep materials in circulation longer. Similarly, industrialized countries typically enforce Extended Producer Responsibility (EPR) for packaging and electronics, ensuring companies finance recycling. Pakistan currently lacks comprehensive EPR regulations, a gap that EU practices suggest should be filled.

Regionally, countries like India have taken policy leadership: India's E-waste Management Rules and Swachh Bharat Campaign have institutionalized waste segregation and recycling. Indore's success (recycling ~75% of city waste through citizen participation) contrasts with Peshawar's lower recycling (<~20%). Bangladesh's plastic recycling initiatives (cutting plastic leakage by ~36%) also show that even densely populated, lowerincome nations can achieve significant material diversion with the right programs. For textiles, a comparative angle is that Pakistan's large second-hand clothing market distinguishes it from many countries; while in the West used textile exports are often banned, Pakistan's re-export model has turned a potential waste problem into an export industry. However, this comparative strength coexists with weaknesses: unlike Bangladesh, which has begun setting up many recycling facilities and incentive programs, Pakistan has been slower to mobilize investments in formal recycling infrastructure.

Therefore, comparative insight suggests Pakistan should learn from peers by: adopting source-segregation policies (as in Indore and Dhaka North), implementing EPR schemes (akin to some EU member states), and funding circular innovation (as Sri Lanka did with its waste-to-energy plant). The prospect of Pakistan developing national CE targets akin to those in Asia (or even SDGs on responsible consumption) could be explored. In summary, while Pakistan's context (high poverty, informal economy) is unique, neighboring countries' experiences show that political will and community engagement can dramatically advance circular outcomes.



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Results and Discussion

Waste Generation and Recycling Rates: Pakistan's municipalities generate roughly 0.5o.6 kg of waste per person per day (national average). Extrapolated nationwide, this matches the ~49.6 million tons/year figure. Table 1 summarizes key waste statistics by category:

Waste Type	Generation (annual)	Recycling/Recovery Source
		Rate
Municipal Solid	~49.6 million tons (2023)	~10-15% total (informal)
Waste		
Plastic bottles (PET)	Part of above (15-20% of	14-18%
	MSW)	
Paper/Cardboard	Part of MSW	~35% (meets local
_		demand)
E-waste	~433 kilotons (2021)	~5% (informal)
Pre-consumer textiles	887 thousand tons (2023)	Informal reuse (~100%)
Used textiles imports	809 thousand tons (2023)	99% reused (~exported)

Table 1: Approximate annual waste generation and recovery rates in Pakistan (latest data). Recycling rates are informal estimates.

These results underscore the informal nature of Pakistan's circular flows: most recycling occurs outside formal channels. For example, textile waste is almost entirely re-entering the economy via second-hand exports, rather than landfill. In contrast, formal municipal recycling is very low. The numbers also highlight opportunities: if formal systems could match the informal rates (e.g. capturing >70% of recyclables as Islamabad case suggests), vast resource streams would be recovered.

Sectoral Visualizations: While comprehensive data is limited, Figure 1 illustrates the estimated composition of typical urban waste in Pakistan. (Note: exact values vary by city, but organics dominate, followed by plastics, paper, metals, etc.)

- Organics (food/yard waste): ~60-65%
- Plastics: ~10-20%
- Paper/cardboard: ~10% (scavenged for recycling)
- Metals, Glass, Others: remainder.

This composition profile means that circular solutions for organics (composting/biogas) and plastics (recycling/reduction) would target the largest flows.

Opportunities: Pakistan's CE transition can create new economic value. For instance, formalizing waste recycling (via cooperatives or social enterprises) can generate jobs aligning with World Bank estimates of tens of thousands of livelihoods in the informal sector. Recovery of plastics and paper saves on raw material imports. Agricultural CE (bioenergy) could provide rural income and reduce fertilizer imports. Indeed, studies project that by 2036, power from buffalo biogas could reach ~79 million MWh (40% above 2016 levels). If realized, such bioenergy could meet parts of rural energy demand. Moreover, China and other markets are interested in recycled textile fibers, presenting an export opportunity for Pakistan's recycling industry. In infrastructure, investing in CE technologies (e.g. waste-to-energy incinerators, advanced composting) could attract foreign direct investment given global green-tech trends.



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Challenges: Major obstacles must be addressed. Pakistan's recycling is largely profitmotivated and fragmented, often without environmental safeguards. Governance is weak: existing regulations (Pakistan EPA 1997, Climate Acts) were not designed for CE and enforcement is patchy. Urban planning gaps mean many areas lack organized collection, so open dumping and burning are common (as WaterAid notes). Public awareness of recycling is low, with <30% households segregating waste. Infrastructure shortages are severe: few formal recycling facilities exist for plastics or e-waste, and landfill capacity is limited. Financially, the circular sector often lacks incentives - recycling companies face high energy costs and weak policy support. Socially, the prevalence of poverty means lowcost disposal (dumping) is hard to displace. These challenges align with those identified in the literature: technological gaps, institutional constraints, and lack of formal incentives.

Given this landscape, Pakistan's CE transition will require a broad strategy. The combination of "push" (regulations, extended producer responsibility) and "pull" (subsidies for recycling technology, public awareness campaigns) measures is needed. Importantly, leveraging the existing informal network – such as supporting waste-pickers with training and cooperatives - can amplify impact. The Heinrich Böll report emphasizes transforming the scattered recycling economy into a structured system via data collection and safety regulations.

Policy Recommendations

Drawing on the above analysis and global best practices, the following policy actions are recommended:

- Strengthen Regulatory Framework: Update environmental laws to explicitly mandate waste reduction, recycling targets, and EPR for packaging, e-waste, and textiles. For example, enacting a national Extended Producer Responsibility (EPR) policy will force producers to finance collection and recycling of their products. Also, enforce segregation-at-source rules and modernize landfill standards.
- **Promote Formal Recycling Infrastructure**: Provide tax incentives and financing to build recycling facilities (plastic reprocessing plants, material recovery facilities, composting plants). Public-private partnerships (PPP) can fund waste-to-energy projects and eco-industrial parks where industries share resources. Pakistan's case study of Islamabad shows PPP models can work.
- Integrate the Informal Sector: Recognize and integrate waste-pickers and small recyclers into formal systems. Offer training, health benefits, and logistics support (e.g., cooperatives that sell directly to recycling industries). This improves worker welfare and waste collection coverage.
- Incentivize Circular Business Models: Encourage businesses to adopt productservice models (e.g. appliance repair, leasing), remanufacturing, and eco-design. Grants or loans could support startups in recycling innovation. Government procurement could favor circular products to create markets (e.g. recycled paper, plastic lumber).
- Public Awareness and Education: Launch campaigns on the benefits of Reduce-Reuse-Recycle. Include waste management education in school curricula. Community-level programs (e.g. composting workshops) can change behavior and social norms.
- Sector-Specific Schemes: Target key sectors with tailored measures. For agriculture, provide subsidies or buy-back for crop residue (for bioenergy use) and



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expand biogas programs. For construction, mandate use of recycled materials (e.g. recycled aggregate in public works). For textiles, support R&D in fiber recycling and certify sustainable fashion producers. In plastics, consider bans on problematic single-use items (as some provinces have done for bags) and deposit-return schemes

These recommendations aim to align Pakistan's economic incentives with CE goals, balancing environmental protection with social inclusion. The combination of regulatory change, investments, and awareness campaigns has proven effective elsewhere and should be adapted to Pakistan's context.

Conclusion

Pakistan stands at a critical juncture: its traditional practices of reuse and repair already embody aspects of a circular economy, but without coordination they cannot fully solve waste and resource challenges. This paper has synthesized current data and literature to paint a detailed picture of Pakistan's CE landscape. Key findings include: the immense scale of waste generation with low recycling (Table 1); significant circular potential in agriculture (biomass energy) and textiles (used clothing trade); and successful informal recycling activities that could be scaled up. Comparative insights from India, Bangladesh, Sri Lanka, and the EU highlight what Pakistan can achieve by committing to CE principles. Ultimately, realizing a circular economy in Pakistan will require systemic change - from redesigning industries to reshaping consumer behavior. Our analysis suggests that such change could yield substantial benefits: reduced pollution, enhanced food and energy security, economic opportunities in green industries, and progress toward Sustainable Development Goals. The recommendations provided - if pursued by policymakers, businesses, and civil society - can help Pakistan transform waste problems into "waste-towealth" solutions. Future research should fill remaining data gaps (e.g. detailed waste composition surveys, life-cycle analysis of circular interventions) and monitor the impact of any new CE initiatives.

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